

36th

ROAD RACE

D I V I S I O N

Please complete the reception by the day before all events.
* No registration will be accepted on the day.



RULES and REGULATIONS via INTERNET
Follows Japan Cycling Federation competition rules and special regulations of Tour de Okinawa.

Contestant Instructions

1. Competitors must be in conformity with the competition road racer rules based on Japan Cycling Federation.
Note. Use of a bull-horn shaped handlebar, a clip-on handlebar or a flat bar is prohibited. Inch sizes of the front and rear wheels must be equal and disc wheels are not permitted.
2. Competitors must wear a helmet officially authorized by the Japan Cycling Federation. * Elementary school students should wear a helmet of hard material.
3. Neutral service (supply of wheels) can be received by neutral cars (equipment vehicles and equipment motorcycles) prepared by the organizer. The spare wheel is made by Shimano.
4. The start time may be changed depending on the race situation.
5. Players cannot pass through the checkpoint on the courses within cut-off time is disqualified as a general rule. Therefore, those players will be excluded from the competition. Players that have been excluded from the race, be sure to leave the course in accordance with the instructions of the check point referees. Excluded athletes and bicycles will be transported to the venue by pick up vehicle. Bicycles can be received at "Bicycle Claim" provided in the race head quarter.
6. Because there are emergency vehicles and commissioners vehicles traveling in the courses during the competition, the riders in principle must run on the left side of the road. For safety aspect, if traveling on the right side of the road in the situation of unavoidable, do not prevent the running of emergency vehicles or commissioners vehicles.
7. Using mobile phones or smartphones and cameras during the competition are prohibited. (In preparation for an emergency, possession of mobile phones and smartphones, are allowed.)
8. If a mixed run with another category is confirmed, the winners will be subject to disqualification / demotion.
9. Based on the JCF regulation, lack of manners in public, especially such indecent behaviors as urination in public is prohibited.
10. Competitors, littering of the bottle in other than the depot designated by the organizer is prohibited. Throwing wastes away on the course is prohibited.

Participation conditions for each categories of citizen races.

1. JPCA registered players cannot participate citizen race 140km, 100km and 50km categories.
2. Professional Keirin cyclist cannot participate in any citizen race 50km categories.
3. Those who do not have cycle road race experience cannot participate for the Citizen race 200km.* Participation experience, such as enduro, is not included in the road race experience.

International road race

100km International Women's Road Race

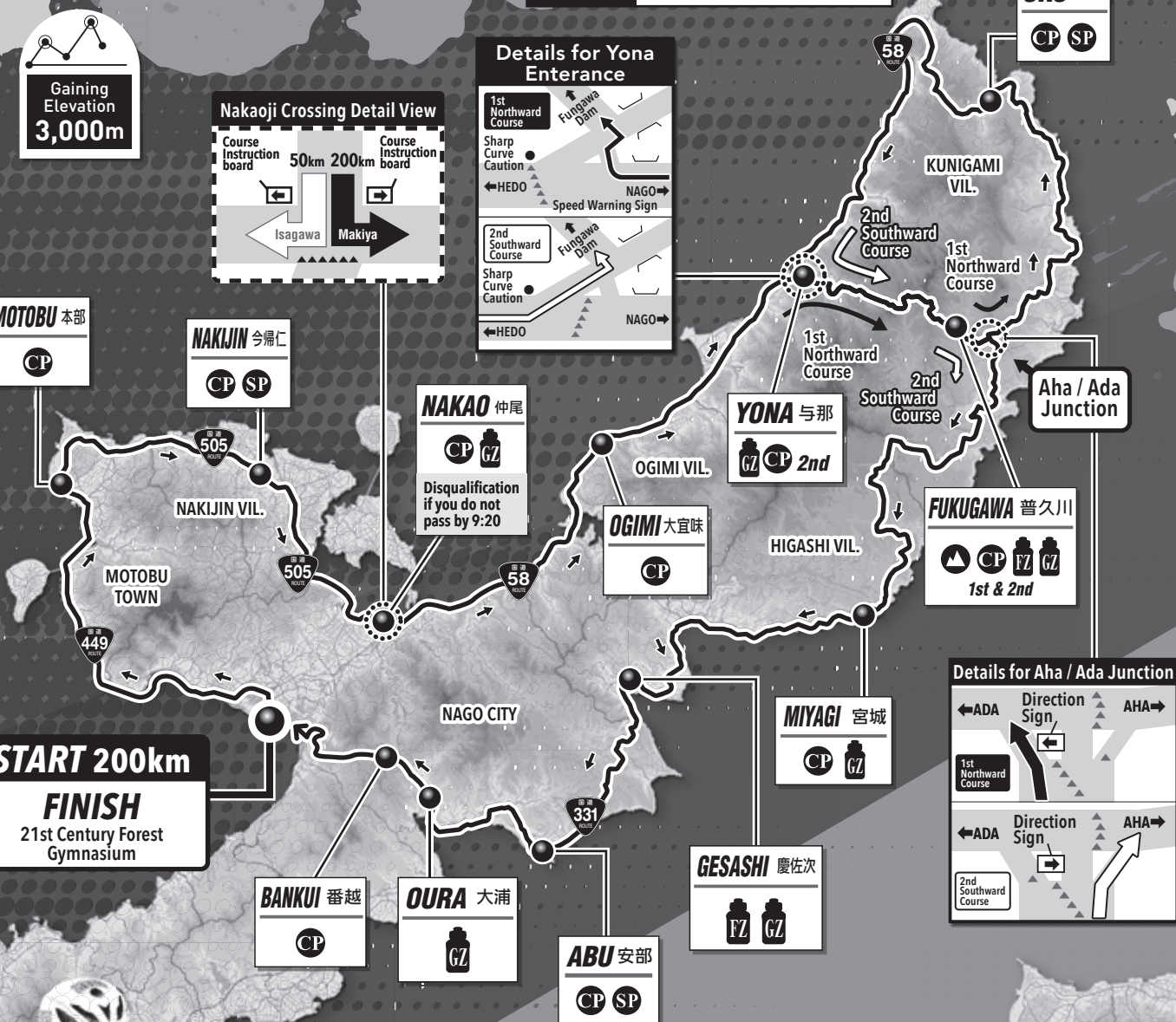
Maximum: 100 Participants. Candidate: Invited / Preferential country athletes (Europe, USA, Australia, Asian neighboring countries) registered with invited national teams with the classification of 25th ranking or higher, or women of high school age or older registered with her respective national bicycle federation.

市民レース 200km

Citizen road race

Gathered up competitive racers!
The highest peak of the road race in a day.

Date	November 10th (Sun.)
Maximum	200 participants
Eligibility	19 y/o or older
Entry Fee	37,000 yen



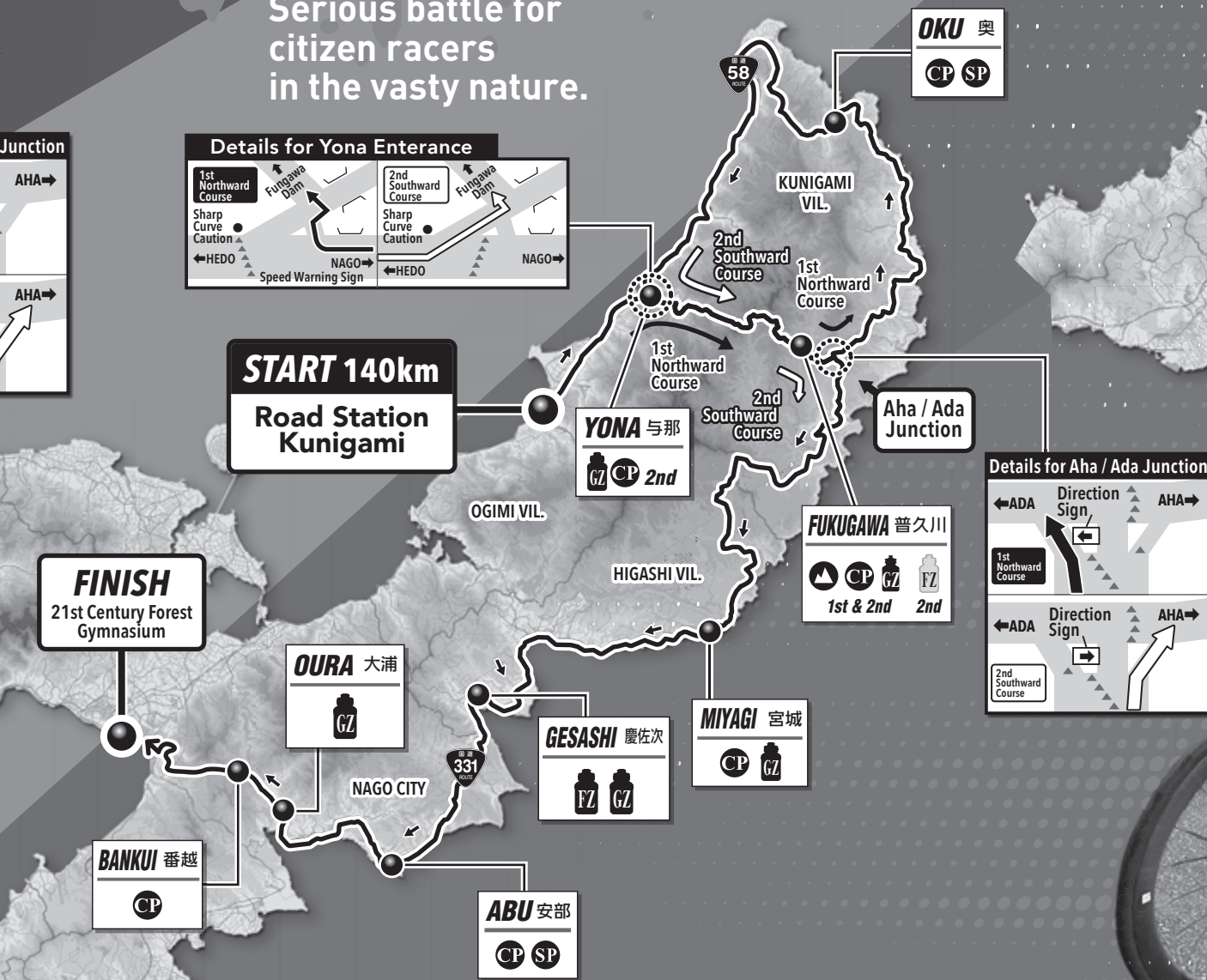
Open	Date	November 10th (Sun.)
	Maximum	200 participants
	Eligibility	16 y/o or older
	Entry Fee	32,000 yen (10,000 yen for H. School. Stu.)
Masters	Date	November 10th (Sun.)
	Maximum	200 participants
	Eligibility	40 y/o or older
	Entry Fee	32,000 yen

- CP CHECK POINT
There is the close at each race and a gateway.
- ▲ KING OF THE MOUNTAINS (KOM)
- SP SPRINT POINT
The first cyclist to pass a sprint point receives a prize. *Changes may be added.
- FZ FEED ZONE
- GZ GREEN ZONE

市民レース 140km

Citizen road race

Serious battle for citizen racers in the vast nature.



市民レース 100km

Citizen road race

Ride through the scenery of Okinawan dynamic course!



Open	Date	November 10th (Sun.)
	Maximum	200 participants
	Eligibility	16 y/o or older
	Entry Fee	27,000 yen (10,000 yen for H. School. Stu.)

Masters	Date	November 10th (Sun.)
	Maximum	200 participants
	Eligibility	40 y/o or older
	Entry Fee	27,000 yen

Challenge Race 200km

Date	November 10th (Sun.)	Maximum	200 participants
Eligibility	19 y/o or older	Entry Fee	30,000 yen

Challenge Race 50km

Open	Date	November 10th (Sun.)
	Eligibility	16 y/o or older
	Entry Fee	13,000 yen (8,000 yen for H. School. Stu.)
Forty (40s)	Date	November 10th (Sun.)
	Eligibility	Age between 40-49
	Entry Fee	13,000 yen
Over 50	Date	November 10th (Sun.)
	Eligibility	50 y/o or older
	Entry Fee	13,000 yen

Attention! SPECIAL RULES
For all the Challenge Race 50km events, none of the competitors are recognized at the award ceremony as it will be the events for those who aim for completion. Those who completed the race will receive a certificate with ranking and completion times posted. (There is time limit at each Check-Point Gate.)

Citizen road race 50km

Open	Date	November 10th (Sun.)
	Eligibility	16 y/o or older
	Entry Fee	15,000 yen (10,000 yen for H. School. Stu.)
Fifty (50s)	Date	November 10th (Sun.)
	Eligibility	Age between 50-59
	Entry Fee	15,000 yen

Forty (40s)	Date	November 10th (Sun.)
	Eligibility	Age between 40-49
	Entry Fee	15,000 yen
Over 60	Date	November 10th (Sun.)
	Eligibility	60 y/o or older
	Entry Fee	15,000 yen

Women's Citizen Road Race 50km

50 Km for battle of the women's racer!
Leap up by the Okinawan cheers from the roadside!

Date	November 10th (Sun.)
Eligibility	13 y/o or older
Entry Fee	15,000 yen (10,000 yen for H. School. Stu.) (6,000 yen for M. School. Stu.)

Male Junior H.School Students' Road Race 50km

Ride through the "Yanbaru" Okinawa Grab the new star!

Date	November 10th (Sun.)	Maximum	50 participants
Eligibility	Age between 13-15	Entry Fee	6,000 yen

Kids Race 10km

Take your first step in this hot race!

Date	November 10th (Sun.)
Eligibility	4th-6th Graders Race for both Male and Femal Students.
Maximum	50 participants
Entry Fee	4,000 yen

